Guide to transforming power

* Seek to resolve conflicts by reaching common ground.
* Reach for the something good on others
* Listen before making judgments
* Base your position on truth
* Be ready to rise your position, if it is wrong
* Expect to experience great inward power to act
* Risk being creative rather than violent
* Use surprise and humor
* Learn to trust your inner sense of when to act.
* Be willing to suffer for what is important
* Be patient and persistent
* Built community based on honesty, respect and caring